**OER Evaluation Criteria Checklist**

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| **Resource:** | Spotlighters Channel: For Teachers: The Science of Stress and Self-Regulation (English) by Eveliina Holmgren, Ph.D. |
| **URL:** | <https://youtu.be/5tURKdrH3JM> |
| **License:** | Unrestricted |
| **Reviewer:** | Carrie Slayton |
| **Date Reviewed:** | 9/5/22 |

**EVALUATION CRITERIA**

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| **ACCURACY** | **NA** | **YES** | **NO** | **COMMENTS** |
| Is the information updated? |  | X |  | Posted on 4/15/21 |
| Is the content reliable?  |  | X |  | Video delivered by a PhD in the field |
| Is the information clear, following a logical order? |  | X |  |  |
| Does the OER contain any grammar errors? |  |  | X |  |
| Does the OER contain any typos or spelling errors? |  |  | X |  |

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| **QUALITY** | **NA** | **YES** | **NO** | **COMMENTS** |
| Are images/visuals/infographics high resolution? |  |  | X | Video of SME is in black and white – the cutovers are in color |
| Are images/visuals/infographics using an appropriate format? |  |  | X | May be more appealing to folks who prefer videos in color |
| Do any graphs/charts/maps include contextual or supporting details surrounding the image? | X |  |  |  |
| Do video/audio resources have high quality sound? |  |  | X | Sound is a little grainy – volume is a bit low; Dr. does have an accent; does have subtitles |
| Is the content clear and understandable? |  | X |  |  |
| Does the content promote learning? |  | X |  | Helps teachers understand the science of stress in the classroom. |
| Is the resource easy to navigate? |  | X |  | Playhead can be adjusted. |

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| **ACCESSIBILITY** | **NA** | **YES** | **NO** | **COMMENTS** |
| Is the OER available in other formats? |  |  | X |  |
| Do video/audio resources include a transcript? |  | X |  | Can turn on transcript to play along with video. |
| Do visuals convey Alternative Text (alt-text) descriptions of the image’s content or function? | X |  |  |  |
| Do images rely on color to convey information? |  |  | X |  |
| Is the font is readable? Does it meet accessibility standards for visually impaired? |  | X |  | It is readable, but a bit small – can turn on transcript while playing. |

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| **RELEVANCE and CULTURAL SENSITIVITY** | **NA** | **YES** | **NO** | **COMMENTS** |
| Is the OER relevant to meet one or more learning objectives? |  | X |  |  |
| Is the OER appropriate for the target audience? |  | X |  | Target audience is stated in the title: for teachers |
| Does the resource establish inclusion throughout the content and prescribed activities? |  | X |  | Talks about how all people experience stress in the body similarly. |
| Does the OER maintain an attitude of acceptance and respect for others’ opinions? |  | X |  |  |

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| **INTERACTIVITY** | **NA** | **YES** | **NO** | **COMMENTS** |
| Does the OER include opportunities for learners to actively interact (i.e., survey, quiz, poll, sorting, matching, etc.)? |  | X |  | Self-reflection questions in the content |
| Does the OER enhance meaning through collaborative experiences? |  |  | X |  |
| Does the OER encourage self-reflection or provide self-assessments? |  | X |  | Self-reflection questions in the content |
| Can learners test their understanding of the content? |  |  | X | Gives the target audience some practical practice activities to try in their classrooms |

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| **LICENSING** | **NA** | **YES** | **NO** | **COMMENTS** |
| Does the OER license require attribution? |  |  | X | Is listed as a Public Domain license |
| Can the resource be modified? |  | X |  | Is listed as a Public Domain license |
| Are you required to report modifications you made to the resource? |  |  | X | Is listed as a Public Domain license |
| If you modify the content, are you allowed to distribute the modified material? |  | X |  | Is listed as a Public Domain license |
| Is the resource sharable? |  | X |  | Is listed as a Public Domain license |
| If you remix, transform or add to the material does the license require you to distribute the resource under the same license as the original? |  | X |  | Is listed as a Public Domain license |
| Can the resource be used for commercial purposes? |  | X |  | Is listed as a Public Domain license<https://www.oercommons.org/courses/spotlighters-youtube-channel-on-the-science-of-stress-and-self-regulation> |